

Island Nordic



If you're looking for activities beyond alpine, all snowbound tastes are catered for. Mount Washington provides guests with one of the top-rated Nordic experiences in North America. The resort's post and beam Raven Lodge, perched on the edge of Strathcona Provincial Park, is the epicenter of Vancouver Island's cross-country community. Over 55 km or 34 miles of world-class machine groomed cross-country trails exist around the resort and through scenic parklands.

Mount Washington Alpine Resort is an official training site for Cross Country Canada. With the 2010 Olympics fast approaching, the resort has also established itself as an ideal pre-Olympic training site for a multitude of international teams. The Swedish XC and Biathlon teams will be training alongside the German Biathlon team this winter, and in the weeks leading up to the next winter Olympics. More teams are expected to announce their training intentions at the resort over the next few months.

Mount Washington and local community organizations have worked in partnership to help develop the mountain's trail, biathlon, and training facilities to international standards. This successful partnership has enabled the mountain and the Comox Valley region to achieve one of its primary goals; to attract Olympic teams to the Comox Valley pre-2010.

In addition to cross-country skiing, top off your Island Nordic experience with a day of snowshoeing in Mount Washington's snow-frosted forests. There are over 20 kilometres or 12 miles of scenic winter walking trails. The Raven Lodge's popular evening Snowshoe Fondue returns for another sumptuous winter!